

What's Happening?

October 2026

Dear Community Members:

We are delighted to bring you the 11th Edition of the Rat River Health Council 2008 Inc. (RRHC) E Newsletter. RRHC was established in 1994 by the community and for the community to pursue quality healthcare services. We proudly support and promote services provided by the De Salaberry District Health Centre, as well as those by private and non-profit organizations within the municipalities of De Salaberry and Ritchot, and the Village of St-Pierre-Jolys.

MONTHLY MEETING HIGHLIGHTS



WE GOT OUR H BACK! Signs on Hwy 59 identifying our hospital will be H again, not “+” sign.
Expanded Board: We continue to build relationships amongst our diverse group of representatives of the business, education, Metis, municipal recreation and seniors sectors.
Proposal to the Minister of Health: With help from l'AMBM, and support from Southern Health – Santé Sud, our proposal was sent to the Minister of Health to request funding to create a Regional Community Navigator position.
Seniors' Housing Options: Initial discussion on regional approach to seniors housing options.
Outreaching: Several board members participated in community meetings i.e. Community Connection in St Adolphe and St Pierre Réseau.

FROM THE ST-PIERRE MEDICAL CLINIC

A message from **Roxanne Maynard RN BN**

Manager - Health Services-Primary Care/St Pierre Medical Clinic

PHYSICIAN VACANCY: Actively recruiting .6 EFT

MEDEO: We are excited to let you know that you can now use an online tool that allows you to receive test results and messages from your physician or nurse practitioner and to book your own appointments. Medeo is part of the electronic medical records system and is used across Canada.

[PLEASE SEE THE ATTACHED PRINTABLE POSTER.](#)

CLINICS

- **Same day appointments:** If you desperately need a same-day appointment and can't get one with us: [CLICK HERE FOR OPTIONS](#)
- **Clinics in Ile des Chênes, St Adolphe, Ste Agathe:** [CLICK HERE](#)
- **Steinbach Quick Care Clinic:** Book your own appointments by using the online app www.medinav.ca

For info: www.southernhealth.ca/find-us/clinics/quickcare-clinic/

MEDEO VIRTUAL CARE
New! The Medical Clinic - St. Pierre is now using Medeo Virtual Care. Contact your clinic to be invited to start using Medeo today!

SOINS VIRTUELS MEDEO
Nouveau! La clinique médicale - St-Pierre utilise maintenant Medeo Virtual Care. Contactez votre clinique pour être invité à commencer à utiliser Medeo dès aujourd'hui!

Medical Clinic/Clinique médicale - St-Pierre
204-433-7263

[www.medinav.ca](#)

Southern Health Santé Sud

COMMUNITY ENGAGEMENT

Université de Saint-Boniface 3rd year nursing students are currently researching services in the RM of Ritchot. A 1st term report will be presented to us December 1st. This is our 3rd year as a community partner.

The Village Connection Thrift Store in St-Pierre-Jolys received some special recognition recently for the work it has been doing for the community for nearly 50 years.

Volunteer Manager and Board Member Anita Gagne, along with a group of volunteers, were invited to the Manitoba Legislature in Winnipeg on Wednesday, October 14, where the organization was recognized by MLA Konrad Narth for its community service.

[Read the article here.](#)

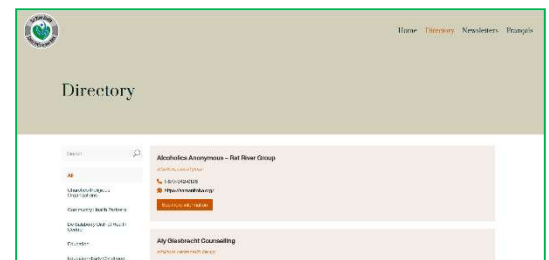
CONGRATULATIONS!!



DID YOU KNOW?

We encourage you to visit our on-line directory of health and wellness services. The goal is to provide easy access to services that are often unknown or not recognized as part of the system that helps keep us healthy. If you see any errors or omissions, please email us and we will gladly update.

GO TO <https://ratriverhealth.ca/directory/>



DIRECTORY FEATURE



Village Connection

This jewel, operated by volunteers, has endless benefits to our communities: helping with financial stability as goods sold at very low prices; relieving mental stress when limited funds are stretched; providing social benefits for shoppers and volunteers working at the store; donating meaningful funds to community; renting apartments as a much needed housing option; donating surplus articles to Centre Flavie in Winnipeg and a Hutterite Colony who sends to African countries; clothing and feeding homeless; selling metal to a depot in Winnipeg, etc.



Wear short or loose-fitting sleeves. Bring Health Card

2026 FLU CLINICS

Flu Clinics <https://southernhealth.ca/health-topics/immunizations/seasonal-flu-clinics/>

ST. ADOLPHE ARENA: MONDAY NOVEMBER 2 3:00PM - 7:00PM

ST-PIERRE-JOLYS REC CENTRE: TUESDAY NOVEMBER 3 4:00PM - 7:00PM

IDC - TC Energy Centre: WEDNESDAY NOVEMBER 4 2:00PM - 7:00PM

DE SALABERRY DISTRICT HEALTH CENTRE NEWS

A mock disaster is being staged at the Centre médico-social De Salaberry District Health Centre by the Emergency Operations and Response Teams to test the community's emergency plan. The mock event, which will be a mass casualty scenario, will take place on **Wednesday, October 28, 2026** from approximately 10:00 a.m. – 12:30 p.m. The following organizations will be participating in the exercise: Centre médico-social De Salaberry District Health Centre, École Communautaire Réal-Bérard from DSFM, St-Pierre and St. Malo Fire Departments, RCMP and Provincial Emergency Response Services. Although it's tempting to come out and watch the event, the public is strongly advised to stay clear and allow volunteers and responders to do their jobs. We apologize for any inconvenience this event may cause and ask for your cooperation and patience while our teams work through the scenario.

Code Orange Confirmed

Signifies the imminent arrival of casualties where the demand on the hospital exceeds resource capacities.

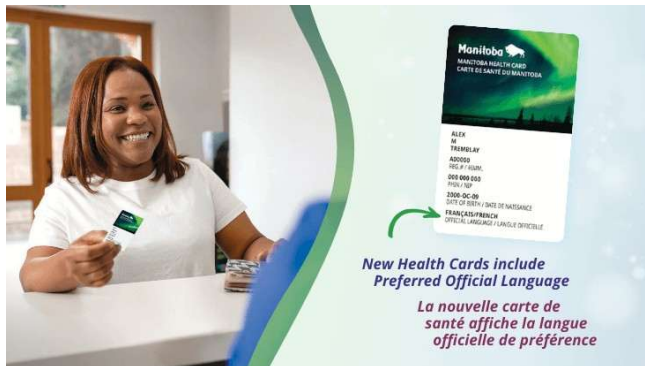
- The influx of patients may overwhelm the resources of one or a few departments or;
- an event (or multiple events) that results in a demand on the hospital that will overwhelm the resource capacity of the entire facility.

Emergency Plan Mock Exercise



News from Southern Health RHA

Emergency Room Updates: <https://southernhealth.ca/emergency-schedules/>



New Health Cards:

Submit your request at

<https://www.gov.mb.ca/health/mhsip/updatehealthcard.html>

Did you know that you can also choose French as your preferred official language?

Healthy Living News and Grants:

Deadline for next \$2,000 grant is December 1st. Get news and grant info here:

<https://southernhealth.ca/health-topics/healthy-living-in-your-community/>



Register for our ENewsletter: info@riverhealth.ca