

# What's Happening?

September 2026

## Dear Community Members:

We are delighted to bring you the 10<sup>th</sup> Edition of the Rat River Health Council 2008 Inc. (RRHC) E Newsletter. RRHC was established in 1994 by the community and for the community to pursue quality healthcare services. We proudly support and promote services provided by the De Salaberry District Health Centre, as well as those by private and non-profit organizations within the municipalities of De Salaberry and Ritchot, and the Village of St-Pierre-Jolys.

## MONTHLY MEETING HIGHLIGHTS



**WE GOT OUR H BACK!** Signs on Hwy 59 identifying our hospital will be H again, not "+" sign.

**Expanded Board:** We continue to build relationships amongst our diverse group of representatives of the business, education, Metis, municipal recreation and seniors sectors.

**Web Site:** We are updating our aged web site to reflect the changes to the region being served and the sectors involved. We will use a diversity of social media. With increased hiring of people not familiar with our region, it's important that we point to our municipalities who are providing the information newcomers are looking for.

**Watch Parties** are being planned in St Adolphe and St-Pierre-Jolys on October 22<sup>nd</sup>. The 3<sup>rd</sup> annual *Communities Making a Difference: Learning from Each Other* is FREE and features a local keynote speaker, followed by 6 community presenters. For more information, go to:

[Communities Making a Difference - Learning from Each Other! - Southern Health-Santé Sud](#)

## FROM THE ST-PIERRE MEDICAL CLINIC

A message from **Roxanne Maynard RN BN**

Manager - Health Services-Primary Care/St Pierre Medical Clinic

**PHYSICIAN VACANCY:** Actively recruiting .4 EFT

**DIETITIAN:** A Dietician will now be providing services based on referrals from MDs and NPs at the clinic. Maxine Guimond is based primarily out of the Seine Medical Clinic. She will be on site once a month and offers one day of virtual care, mostly for follow-ups.

**MEDEO:** We are excited to let you know that you can now use an online tool that allows you to receive test results and messages from your physician or nurse practitioner and to book your own appointments. Medeo is part of the electronic medical records system and is used across Canada.

[PLEASE SEE THE ATTACHED PRINTABLE POSTER.](#)



### CLINICS

- **Same day appointments:** If you desperately need a same-day appointment and can't get one with us: [CLICK HERE FOR MORE OPTIONS](#)
- **Clinics in Ile des Chênes, St Adolphe, Ste Agathe:** [CLICK HERE FOR DETAILS](#)
- **Steinbach Quick Care Clinic:** Book your own appointments by using the online app [www.medinav.ca](http://www.medinav.ca) For info: [www.southernhealth.ca/find-us/clinics/quickcare-clinic/](http://www.southernhealth.ca/find-us/clinics/quickcare-clinic/)

## COMMUNITY ENGAGEMENT

**Université de Saint-Boniface 3<sup>rd</sup> year nursing students** met with us for an initial meeting to discuss a communication plan and expectations, mutual goals, course assignments/expectations and plan for the following months. This is our 3<sup>rd</sup> year as a community partner.

**The Friendship Trail in St. Adolphe** was dedicated as a National Healing Forest in 2022, thanks to the community partners and volunteers who manage this forested recreational trail along the Red River. Partners: The Friendship Trail, Manitoba Metis Federation, Southeast Region-St. Adolphe local, Ritchot Senior Services and RM of Ritchot. [Click here for more information about Healing Forests.](#)

POSTER: [EVERYONE IS INVITED TO THEIR TRUTH AND RECONCILIATION CELEBRATION](#)

### Ile des Chênes: October 3<sup>rd</sup>:

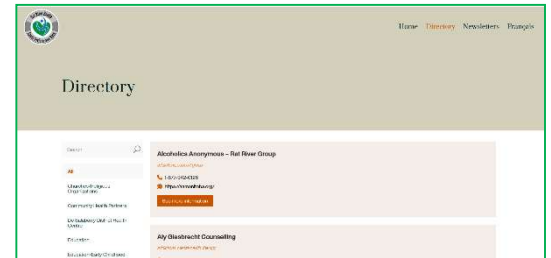
[Run Run Ritchot is back for a 2nd year! See more information.](#)



## DID YOU KNOW?

We encourage you to visit our on-line directory of health and wellness services. The goal is to provide easy access to services that are often unknown or not recognized as part of the system that helps keep us healthy. If you see any errors or omissions, please email us and we will gladly update.

**GO TO** <https://ratrivierhealth.ca/directory/>



## DIRECTORY FEATURE



## Services to Seniors

Community-based programs for seniors that promote health and well-being and assist seniors to continue to live independently in the community while maintaining an active and healthy lifestyle. [More info: Southern Health-Santé Sud.](#)

Thank you to the 3 Services to Seniors Coordinators in our region! For more info:

[Services to Seniors De Salaberry – Chalet Malouin](#)

[Services to Seniors Ritchot – behind St Adolphe Pharmacy & Clinic](#)

[Services to Seniors St-Pierre-Jolys – St Pierre Manor](#)

## Highlights of September 15<sup>th</sup> Meeting

*De Salaberry and Area*  
*Stakeholders Group*



Seasonal Flu Clinics: Ile des Chênes Nov 4, St Adolphe Nov 2, St-Pierre-Jolys Nov 3 \* Mock Code Orange for mass casualty event in October at De Salaberry DHC \* July and August record breaking months for De Salaberry DHC i.e. beds full, busiest of community acute sites in region \* Very few ER closures thanks to help from outside ED doctors \* MTS issues at clinic due to old relay affecting Vita, Emerson, Morris and Grunthal \* Electronic Patient Records coming to hospital in February 2027 following Wi-Fi / internet upgrades \* Need for comprehensive seniors' strategy for housing which includes working together with community perspectives; full hospital affects ER capacity \* Update on housing units going up in RM of Ritchot and St-Pierre-Jolys \* St Pierre Manor expansion looks for partnerships \* Terms of reference for Stakeholder Committees being developed for clear vision, purpose and expectations.

## DE SALABERRY DISTRICT HEALTH CENTRE NEWS

A collaborative effort between the Health Services Manager, Southern Health – Santé Sud Maintenance management and staff, community volunteers and new residents resulted in a major clean-up of the grounds, just in time for parade-goers to enjoy during Frog Follies. The initiative allowed new residents seeking volunteer opportunities to connect and become involved in the community. **The efforts of the volunteers complemented the great work of the facility maintenance team.** Special recognition of Carlos Codjo, CDEM Employment and Immigration Counsellor who helped recruit the volunteers and ensure necessary documentation, and to Roger Lesage and Claudette Closson who shared their expertise. A big thank you to everyone who contributed their time and energy to this wonderful community effort!



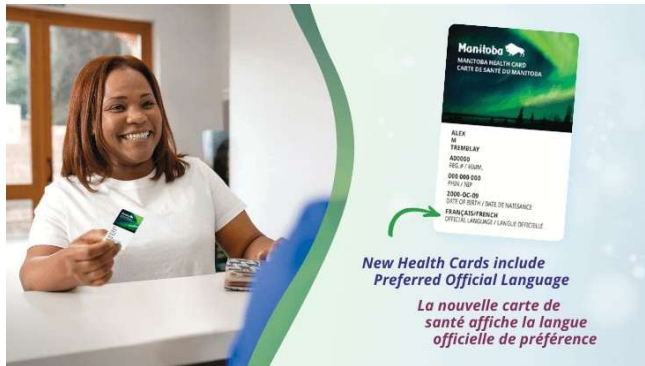
From left to right:

Naomie, Ronald, Daddy, Léon, Sirinatou, Carlos, Claudette, Ornela



### News from Southern Health RHA

**Emergency Room Updates:** <https://southernhealth.ca/emergency-schedules/>



#### New Health Cards:

Submit your request at

<https://www.gov.mb.ca/health/mhsip/updatehealthcard.html>

Did you know that you can also choose French as your preferred official language?

#### Healthy Living News and Grants:

Thank you for another Watch Party grant to encourage community participation. Go to the link below for news and grant opportunities.

<https://southernhealth.ca/health-topics/healthy-living-in-your-community/>



**Register for our ENewsletter:** [info@riverhealth.ca](mailto:info@riverhealth.ca)