

What's Happening?

October 2025

Dear Community Members:

We are delighted to bring you the 6th Edition of the Rat River Health Council 2008 Inc. (RRHC) ENewsletter. RRHC was established in 1994 by the community and for the community to pursue quality healthcare services. We proudly support and promote services provided by the De Salaberry District Health Centre, as well as those by private and non-profit organizations within the RM of De Salaberry, the Village of St-Pierre-Jolys and the RM of Ritchot.

FROM THE ST-PIERRE MEDICAL CLINIC

The St. Pierre Medical Clinic is taking measures to adapt to the evolving emergency and primary care needs of the community. Physicians, including those supporting from other clinics, are working diligently to ensure essential services are maintained. Nurse practitioners are supporting these efforts by expanding their roles in support of the clinic, allowing physicians to dedicate more time to emergency care and hospital services.

If you desperately need a same-day appointment, [CLICK HERE FOR MORE OPTIONS.](#)

NEW: Medinav, an online app that allows you to book your own appointments at the Quick Care Clinic in Steinbach. For more information: <https://www.medinav.ca/>

<https://news.gov.mb.ca/news/print,index.html?item=70804&posted=2025-09-19>
<https://southernhealth.ca/find-us/clinics/quickcare-clinic/>



Rat River Health Council 2008 Inc.

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Monthly Meeting Highlights



BE A HEALTH REPRESENTATIVE



Has your organization been approached by your municipal government to nominate a health representative? If yes, please respond ASAP. The RM of Ritchot, the RM of De Salaberry and the Village of St-Pierre-Jolys need your help so we can work together with the health care system to keep our residents healthy. Health representatives will be the way your organization can provide ideas and receive information related to health care.

Community Engagement

Great news! We have been selected for a community project with Université de St Boniface 3rd year nursing students. This is our 2nd year. These community projects are part of their curriculum. Help us welcome...

Hello, my name is **Alex Dacquay**. I am passionate about mental health, and I am an aspiring future mental health nurse. I work as a Health Care Aid in psychiatric units since last year. I enjoy spending time with friends and family and being outdoors. I am thrilled to be here.



Hi all, my name is **Hanna Bédard**. I am particularly passionate about health equity and advocacy, women's health, and supporting initiatives that foster stronger community connections. In my free time, I enjoy reading and volunteering at local community events.



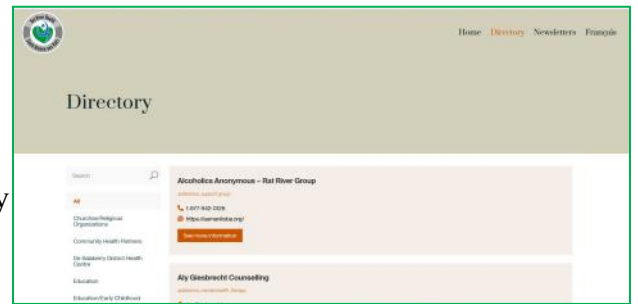
Hi there! I'm **Kiera Legault**. I am currently thinking of working in pediatrics or surgical nursing but also considering travel nursing! My favourite downtime activities are reading and spending time with friends and family. I am really looking forward to working in your community and experiencing community nursing.



DID YOU KNOW?

Services in the RM of Ritchot are now being added to our on-line directory of health and wellness services. The goal is to provide easy access to services that are often unknown or not recognized as part of the system that helps keep us healthy

GO TO <https://service.ratriverhealth.ca>



DIRECTORY FEATURE

Thanks to the unrelenting work of local volunteers, the curling club has seen many improvements over the years to ensure the success of its community events, bonspiels and curling games. A perfect example of a community service helping its residents stay healthy thru physical and social activities.

Otterburne Curling Club



De Salaberry and Area Stakeholders Group



Highlights of September Meeting

- * Wildfires and measles outbreaks have been a major focus.
- * There will be one provincial access for mental health starting with youth.
- * Now available: Medinav app for online appointments to Quick Care Clinics. (closest here is in Steinbach).
- * New is the Community Paramedic Program for high users of 911.
- * Local management of St Pierre Medical Clinic soon.
- * Minister of Health visited Ste Anne and Niverville last month. She is listening to rural municipalities looking to strengthen their health care services.
- * Big focus on physician recruitment province wide including international candidates.
- * Provincial Travel Nurse Team has greatly helped with nurse availability.
- * Chalet Malouin fundraising for renovations as some sections are 50+ years old.
- * Jolys Regional Library now open in new location.
- * MTS issue here took a long time to be addressed.
- * RRHC presented its report on recent activities including work towards an innovative regional approach.
- * Lab services remain unchanged.

More Community News



Did you know that there is a medical clinic in Ste Agathe?

Dr Rivi was part of the St Pierre Medical Clinic at one time....



News from Southern Health RHA

Click here for Emergency Room Updates

<https://southernhealth.ca/emergency-schedules/>



Thanks to a grant from Public Health—Healthy Living, we will be putting up signs on local trails to promote the health benefits of physical activity in a natural environment, with others, to encourage social interaction.



Click here for [Healthy Living Community Updates](#) (news/grants)

To receive our ENewsletter directly, email us at info@ratriverhealth.ca