# Partnering is Key ....

#### None of this is possible without key partnerships:

- Manitoba Agriculture and Foods
- Rat River Recreation Commission
- Senior Resource Service Coordinators
- Réseau Communautaire Sud
- South Eastman Health/Santé Sud-Est Inc.
- St. Pierre Pharmacy
- De Salaberry District Health Centre Foundation
- Partners for Healthy Living
- and numerous health associations and organizations

# Partnering has also meant...

- Working with the Mobile Breast Screening Program to maximize public awareness and participation. (Breast health clinics were offered prior to the Program's visit.)
- Working with South Eastman Health in bringing the community's perspective in new research initiatives.
  - Breast feeding promotion project
  - Rural Women's Health Needs

# Talking about partnering ...

I'd like to ask Cécile to provide you with a bit more information on what she has been working on most recently....



#### Observations....

- The community's interest continues to be strong since The Health Corner reflects its needs and is quick to respond to requests for new information.
- It is a "one-stop shop" for a good inventory of resources that are very much appreciated as a central information center.



# Important Observations....

- The Health Corner draws attention from beyond our boundaries
  - Requests for start-up packages have come from as far away as Thompson in Manitoba and Moncton, Nova Scotia.
  - It received the Reh-Fit Centre Healthy Community Award



# The two most important factors:

- 1 A committed health action committee i.e. the Rat River Health Council.
- 2 A part-time coordinator, in this case Cécile, whose services are contracted by the committee.

# Strong Support from our RHA...

- Initially funds for the coordinator were being paid from the facility's surplus, through South Eastman Health.
- Now funding is part of South Eastman Health's annual budget as a community health component.
- We use these funds to leverage more dollars.

# Hopes for the Future

- That Health Corners be set up in other communities throughout South Eastman Health
- That more community-based coordinator positions be created
- That strong links be developed between communities and coordinators

#### Progress has been made ....

- Mini Health Corners have been integrated in the Niverville and Sprague Primary Health Care Centres.
- Health Corners providing resources in French were also recently established in Ste. Agathe and La Broquerie. Even though these have part-time coordinators, they are still lacking the community group (like the Rat River Health Council) that helps to direct, guide, encourage and promote it.

# Community Empowerment

The Health Corner has meant that we as a community are able to move from...

- government to grassroots initiatives
- focusing on wellness rather than illness
- a traditional to a creative approach to healthy living

#### Rat River Health Council 2008

As this Council re-positions itself to be an important leader in health care, remember:

The Health Corner is an exemplary tool for health promotion, education and prevention – developed for the community, by the community. And that's what makes it so effective!