Questions About Healthcare in Manitoba

I am from another province and am studying in Manitoba, what should I do to ensure my healthcare coverage continues?

- The province you reside in permanently will continue to cover your health care needs while you are in Manitoba.
- Prior to your departure, check with your provincial health organization regarding your extended absence to attend a full-time education program in Manitoba.
- Most provinces require you to complete a form/letter to request continued coverage. You may also be required
 to provide a letter from the accredited education institution confirming your full-time attendance and the
 duration of your studies. You may need to reapply for coverage and provide confirmation for each subsequent
 year.
- If the primary care provider does not bill your provincial health care directly, you may have to pay for the services when they are received and submit documents/invoices to your province for reimbursement.

How do I find myself a primary care provider?

- It is recommended that you find a primary care provider prior to needing health services.
- The St. Pierre Medical Clinic has Physicians and Nurse Practitioners who are currently accepting new patients. The clinic can be reached at 204-433-7263.
- Or you can register for the Family Doctor Finder by phone or online. The program will connect you with a health care professional in your area that best meets your needs.
- Registration by phone can be done by calling 1-866-690-8260 between 8:30 a.m. and 4:30 p.m. Monday to Friday.
- Registration online can be done at https://www.gov.mb.ca/health/familydoctorfinder/register.html

I have a health concern, where should I go?

- Depending on the nature of your concern the following options are available:
 - See your primary care provider
 - The Quick Care Clinic in Steinbach (204-326-7569)
- For minor health issues, Health Links-Info Santé at 1-888-315-9257 supports 24 hour telephone advice.
- If your concern is urgent or life-threatening, go to the nearest Emergency Room or call 9-1-1 for Emergency Medical Services (EMS -Ambulance).
- The Emergency Rooms located closest to Otterburne are:
 - Centre médico-social De Salaberry District Health Centre, 354 Préfontaine Avenue, St. Pierre Jolys
 - o Morris General Hospital, 215 Railroad Avenue East, Morris
 - o Bethesda Regional Health Centre, 316 Henry Street, Steinbach

Note: EMS is a non-insured service, the client is responsible for payment.

How do I retrieve my medical records?

- Your medical records are stored with the provider who assessed / treated you.
- You may request a copy of your records with this provider/their office at any time.
- Please be aware that there may be a charge for this.



Southern Health